

Annexure A

HEALTH FACILITIES AVAILABLE IN SOUTH GOA DISTRICT HOSPITAL

The below mentioned facilities are provided to all the patients who visit the South Goa District Hospital.

I. EMERGENCY SERVICES:

- ▶ 1. Casualty (Emergency) 24 x 7

Emergency Services are kept in casualty holding all

- a. Accidental Emergency
- b. Medical Emergency
- c. Gynaec& Obstetrics Emergences
- d. ENT & Ophthalmic Emergences
- e. Pediatric Emergences
- f. Examination of victims of sexual abuse.

II. CONSULTANT SERVICES:

- ▶ 1. General Medicine
- ▶ 2. General Surgery
- ▶ 3. Obstetrics &Gynaecology
- ▶ 4. Paediatric
- ▶ 5. Orthopaedics
- ▶ 6. ENT
- ▶ 7. Ophthalmic
- ▶ 8. Psychiatric
- ▶ 9. Diabetic
- ▶ 10. Dentistry
- ▶ 11. Chest Diseases
- ▶ 12. Skin
- ▶ 13. STD Clinic
- ▶ 14. Geriatric OPD.
- ▶ 15. AYUSH – Ayurvedic& Homeopathic
- ▶ 16. FI-ART (Facility Integrated Anti Retroviral Treatment) - **Available at Old Hospicio, Margao**

- ▶ 17. Anaesthesia
- ▶ 18. Flu OPD
- ▶ 19. Post Covid OPD
- ▶ 20. TB OPD : Microscopy + Diagnosis + Treatment
- ▶ 21. DEIC - **Available at Old Hospicio, Margao**
- ▶ 22. CIC (Crisis Intervention Centre)
- ▶ 23. I Breast Clinic
- ▶ 24. Palliative Care OPD
- ▶ 25. Cardiology OPD
- ▶ 26. Nephrology OPD

III. DIAGNOSTIC AND OTHER PARA CLINICAL SERVICES:

- ▶ **Radiology** : X-ray, Ultra Sound, CT Scan, ECG, Contrast Studies, ECHO, Mamography
- ▶ **Pathology** : Cytology, Micronucrobiology, Biochemistry, Covid Lab
- ▶ **Covid Testing**
- ▶ **Blood Bank**
- ▶ **Pharmacy & Drugs**
- ▶ **ICTC** : Integrated Counseling & Testing Centre : HIV Counseling & Testing is done.
- ▶ **PPTCT** : Prevention of Parent to Child Transmission Centre (Pregnant Women)
- ▶ **CB-NAAT** : Sputum Test for TB using Gene Technology
- ▶ **STEMI**: When the patient comes with chest pain, ECG is taken and if the patient is diagnosed as a case of STEMI, patient is thrombolized and stabilized. Subsequent decision is taken whether to send the patient to GMC or to victor Apollo for early angiography and revascularization.
- ▶ **TMT**: Threadmill Test
- ▶ **AUDIOLOGY**: which includes Audiometry, Physiotherapy& Occupational Therapy.

IV. ANCILLARY & SUPPORT SERVICES:

- ▶ Medical Record Department
- ▶ Morgue services
- ▶ Ambulance Services
- ▶ Dietary Services

- ▶ Counseling which includes ATF, RMNCHA, Diabetic counseling , Palliative Care & ICTC

V. ESSENTIAL SERVICES:

- ▶ Operation Theatre
- ▶ SNCU (Sick Neonatal Care Unit)
- ▶ District Early Intervention Centre (DEIC)
- ▶ Non Communicable Disease Clinic (NCDC)
- ▶ Physiotherapy
- ▶ Life Style Clinic
- ▶ Pain & Palliative Care Clinic
- ▶ Issue of Medical Fitness and Disability Certificates and Fitness Certificate for RTO Board for disabled
- ▶ UDID Card Registration

VI. OTHER SERVICES:

- ▶ **RBSK** (RashtriyaBalSwasthyaKaryakram) : 38 diseases are screened in schools & referred to DEIC
- ▶ **RKSK** (Rashtriya Kishore SwasthyaKaryakram): Adolescents counseling is done in respect of nutrition, Hygiene etc.
- ▶ **NTCP** (National Tobacco Control Programme): Counseling services are provided in Tobacco Cessation Centre at Hospicio Hospital.
- ▶ **DMHP** (District Mental Health Programme): Outreach clinics in PHCs' & CHCs' are conducted on Tuesdays & Fridays
- ▶ **NPPCD** (National Programme for prevention & Control of Deafness)
- ▶ **CME** (Continuing Medical College) Cell (Accredicated by Goa Medical College):
 1. Training for Doctors & Nurses (regularly/monthly)
 2. Talks
 3. Workshops
- ▶ **Health Screening Camps** for staff for diabetes, Hypertension & Cancer
- ▶ **Co-ordinating with other agencies** regarding Govt. Schemes such as DDSSY & social welfare schemes.

- ▶ **Crisis Intervention Centre:** Counseling services for patients
Men/Women facing violence

VII. IMMUNIZATION & OTHER SERVICES

▶ **Childhood Immunization :**

BCG, OPV, Hep-B, TT, DPT, Measles, JE, MMR, Rubella, Pentavalent vaccination is done on every Tuesdays & Thursdays in Paediatric OPD.

New born babies : BCG, OPV dose, Hepatitis B Vaccination is done daily in the Maternity ward.

Adult Immunization:

Adult immunization is done on every Tuesday & Thursday

Covid Vaccination:

Covid Vaccination is done on every Monday ,Wednesday and Friday.

▶ **DEIC (District early Intervention Centre) :** with facilities for

- a) Developmental Assessment
- b) Paediatric Physiotherapy
- c) Special Education
- d) Counseling services

- ▶ **Diabetic Clinic :** Special Diabetic OPD are conducted on every Friday .
Diabetes patients are counseled and taught about Insulin. Uncontrolled diabetes are reviewed and counseled about diet also.

- ▶ **NPCDCS (National Programme for Control of Cardiovascular disease, Diabetes, Cancer and Stroke):** The Coronary Care Unit handles Myocardial Infarction and Chest pain. Myocardial Infarctions with complications are stabilized before transfer. Diabetes patients undergo testing by glucometer at every visit and they are counseled.

- ▶ Audiometry Testing and OAE Testing

Afternoon OPDs:

- ▶ **Obstetrics** : Postnatal Clinic on Tuesdays & Fridays
- ▶ **Medicine** : Medicine opd on Monday to Friday
- ▶ **Paediatric** : High risk neonatal clinic on Tuesday and Asthma Clinic on Fridays
- ▶ **ENT** : Deafness clinic on Tuesdays & Vertigo clinic on Fridays
- ▶ **Orthopaedics** : Post-operative OPD follow up on Mondays & Thursdays
- ▶ **Surgery** : Post-operative OPD follow up on Mondays and Thursdays
- ▶ **Ophthalmic** : Glaucoma clinic
- ▶ **Life Style Clinic** : Advice on Diet and life style modification is given on Tuesdays & Thursdays.
- ▶ **Pulmonary function Testing:** By appointment in the afternoon.

In this Hospital following types of operations are carried out

1. General Surgery
2. Ortho.
3. Gynaec/OBG
4. Ophthal
5. ENT

MEDICINE DEPARTMENT

1. **OPD (Out Patient)** every day Monday to Saturday 9.00 am 1.00 pm
2. **NCD/Diabetic OPD** is conducted on Friday.
3. **Geriatric Clinic** on Tuesday/Thursday afternoon.

Facilities to treat the following type of patients :

Diabetes Mellitus

Cardiac: IHD (Heart Attack), Myocardial Infarction, Hypertension, Arrhythmias, Pericardial Effusion, Heart Failure, patients with chest pain.

Pulmonary: Pneumonia, COPD, Bronchitis, Pleural effusion.

CNS/PNS: CVA, Peripheral Neuropathy, Convulsions

G.I.T: Gastritis, Gastroenteritis, Pancreatitis, GIT bleed

MISCELLANEOUS:

1. Poisoning, near drowning, Snake bite.
2. Alcohol related disease and conditions like withdrawal.
3. Fever cases due to malaria, enteric fever or other infections.
4. Anaemia
5. Renal : some cases of renal failure

SURGERY DEPARTMENT

In surgery Department following treatment are carried out.

1. Modified Radical Mastectomy	12. Amputation
2. Thyroidectomy	13. Appendectomies
3. Varicocele Surgery	14. All laparoscopic surgeries
4. Varicose vein surgery	15. Tongue tie release
5. Hernia	16. Circumcision for phimosis
6. Hydrocele	17. Emergency Leprotomy
7. Debridement	18. Cellulitis
8. Laparotomy	19. Ascitic tap
9. Resection/Anastomosis	20. Lower GI bleeding
10. Sebaceous cyst excision	21. Blunt abdominal trauma
11. Lipoma excision	22. Blunt chest trauma
	23. Incision and drainage of Abscess
	24. Breast lump Excision.

DEPARTMENT OF GYNAECOLOGY

- I. OPD (Outpatient) Every day Mon-Sat from 9.00 am to 1.00 pm :
Antenatal High risk pregnancy and Gynaec OPD
- II. Post natal OPD : Tue & Fri from 2.30pm to 4.00pm

<ol style="list-style-type: none"> 1. Infertility 2. Menstrual disturbances 3. Uterovaginal Prolapse 4. Rectocoele, Cystocoele repair 5. Pelvic inflammatory disease 6. Malignancy (Screening) 7. Family planning procedures 	<ol style="list-style-type: none"> 8. PAP smear 9. Emergency Ultrasound 10. Dysfunctional Uterine bleeding 11. Ovarian Tumors 12. Ectopic Pregnancy 13. Fibroids
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OPERATIVE

1. Hysterectomy- abdominal, Vaginal
2. Ovariectomy/Cystectomy
3. Myomectomy
4. Ectopic Pregnancy-Lap/Laprotomy
5. Lapscopic-Diagnostic
6. Dilatation & Curettage
7. Tubal Ligation- Mini lap
8. Cervical Biopsy/Cervical Polypectomy
9. Marsupialization of Bartholin Cyst
10. MTP
11. Hysteroscopy
12. Laparoscopic Hysterectomy

DEPARTMENT OF OBSTETRIC

OPD Basis	Indoor
<ol style="list-style-type: none"> 1. Antenatal Care 2. Management of high risk cases 3. Immunisation 4. PPTCT counseling & testing 5. Post natal care 6. Education on diet (Breast feeding) 7. Contraception for post natal 	<p>Indoor Cases</p> <p>1. First trimester complications</p> <ol style="list-style-type: none"> a. Threatened/missed/Incomplete abortion b. Ectopic Pregnancy <p>Surgical Management-Laprotomy/Laposcopic</p> <ol style="list-style-type: none"> c. Medical Termination of Pregnancy Medical abortion/Surgical d. BOH <p>2. Second Trimester</p> <ol style="list-style-type: none"> a. Threatened abortion incompetent OS

	<p>Cervical encirclage</p> <p>b. Chronic hypertension in pregnancy</p> <p>c. Pregnancy induced hypertension</p> <p>d. Medical disorder like diabetes, thyroid disorders etc.</p> <p>3. Third Trimester</p> <p>a. Management of Antenatal cases</p> <p>b. Management of Medical disorder in pregnancy</p> <p>c. Anaemia</p> <p>d. IUGR</p> <p>e. Twins</p> <p>f. Compound presentations/BREECH/Transverse</p> <p>g. PROM</p> <p>h. APH</p> <p>i. PPH</p> <p>4. Labour room management which includes delivery & instrumental deliveries.</p> <p>5. High risk pregnancies</p> <p>6. NST Monitoring</p> <p>7. Post management of operative cases</p> <p>8. Post-natal care</p> <p>9. Training Programme-Skilled Birth attendant for Staff Nurse and Medical Officers</p>
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OPERATIVE

1. LSCS
2. Tubal Ligation – laparoscopic and Minilap
3. Cervical Circlage
4. E & C
5. Manual removal of placenta
6. Resuturing

PAEDIATRIC DEPARTMENT

1. **Outpatients clinic** daily and weekly by appointment only.

2. Immunization services - conducts immunization for children from birth to 18 years at outpatients' level, biweekly i.e. Tuesday, & Thursday and daily for BCG & hepatitis for newborn babies in the hospital.

3. Neonatal Services: NICU facilities for babies more than 32 weeks & 1.2 kg.

4. Paediatric Services: Indoor admission for infectious diseases, cardiac cases, allergy & Asthma cases, Kidney & Neurological cases.

5. Preventive Services:

a. Breast Feeding counseling & support group meetings (weekly once).

b. Parenting workshop are conducted on, childhood Sexuality, Recognition of feeling, Discipline without tears, encouraging autonomy in children, Reading with Kids, Homework without Hurdles, Kids & television, Understanding adolescence, Siblings Rivalry, Building bridges without blocks with kids, special parents (adoptive), Breast feeding.

Breast feeding Helpline : 2735827 : 3 to 4 P.m.

6. Surveillance for acute flaccid paralysis, adverse effect following immunization.

7. DEIC (District Early Intervention Centre): with facilities for assessments, physiotherapy, audiology, special education and counseling services, for children from birth to 18 years. The 4 DS, Dylexia, Disease, Disability Deformaties are screened and early intervention offered.

8. 10 Bedded SNCU

ENT DEPARTMENT

OPD Timing:- 9.00 a.m. to 1.00 p.m.

OPD Days:- Monday, Wednesday, Thursday, Saturday

Operative Days:- Tuesday & Friday

Audiometry Services available:- Monday to Saturday

EAR/NOSE/THROAT/NECK

Minor Procedure carried out:

EAR

1. Removal of foreign bodies from ear
2. Removal of Ear Wax
3. Ear Syringing
4. Ear Suction/Toilet
5. Incision & Drainage of minor abscesses
6. Performing Excision Biopsy for HP studies
7. Epley's Manure
8. Dix Hallpike Test

NOSE

1. Removal of foreign bodies from Nose
2. Intra nasal packing
3. Intra nasal -Electric/chemical cauterization
4. Intra nasal -Releasing of adhesions/nasal crusting intra nasal lavage.
5. Intra nasal- injection of medication like placentrix/steroids.
6. Intra nasal -Ballons fixation /nasal packing.
7. Digital Reduction of fracture nasal & stabilization with POP.
8. Performing excision biopsy for HP studies.
9. Removal of impacted broken nose ring.

THROAT

1. Removal of foreign bodies from throat of oral cavity
2. Removal of sialoliths (stones) from salivary ducts/glands
3. Performing oral cavity, throat excision biopsies for HP studies
4. Injection of Steroids in cases of submucous fibrosis

In the casualty hall all emergency patients Ear, Nose & Throat are examined.

1. Removal of foreign bodies from ear, nose, throat
2. Intra nasal packing for Epistaxis

3. Post nasal Foleys catheter fixation, stabilization with anterior nasal packing for patients with nose bleeding.
4. Emergency tracheostomy in certain cases of stridor/foreign body
5. Digital reduction of fracture nasal bones & stabilisation with POP

ENT operative procedure in the operation Theatre:

EAR

1. Removal of F.B. ear
2. Auroplasty(Pinna Plasty)
3. Incision & drainage of abscesses
4. Excision of mass in & around the ear
5. Excision of pre-auricular sinuses
6. Myringotomy
7. Grommet insertion
8. Inductive regenerative myringoplasty
9. MyringoPlasty
10. TympanoPlasty
11. OssiculoPlasty
12. Mastoidectomy
13. Mastoidectomy with Tympanoplasty
14. Mastoidectomy with canal wall reconstruction
15. Ear Endoscopy

NOSE

1. Removal of foreign bodies from Nose
2. Anterior nasal packing for Epistaxis (nose bleeding)
3. Post nasal packing for epistaxis (nose bleeding)
4. Post nasal foleyscatherer inflation, fixation & stabilization anterior nasal packing for the patients in nose bleeding.
5. Surgery for nasal septum like
 - a. Submuculus resection of nasal Septum (SMR)
 - b. Septoplasty
6. Excision of masses inside & around the nose
7. Nasal Polypectomy
8. Antral puncture (Intra nasal antrosomy)
9. Functional Endoscopic sinus surgery
10. Endoscopic sinus surgery
11. Endoscopic intra nasal dacrocystortrinoctomy

12. Post Dacrycystohinstomy stenting of lacrimal passages
13. Electric /Chemical cauterization of nasal turbinates, nasal septums& nasal release of post operative nasal adhesions.
14. Gadres modified young operation for atrophic rhinitis
15. Coldwell luc operation
16. Diagnostic nasal endoscopy

THROAT /NECK

1. Tansillectomy
2. Adenoidectomy
3. Microlarygscopy
4. Cricopharyagoscopy
5. Oesophagoscopy
6. Excision of salivary gland tumor
7. Tonsillar pillar suturing (post tonsillectomy bleeding)
8. Removal of salivary gland stones/Tansillolithis
9. Thyroid surgery
10. Styloid process fracture/removal for styalgia
11. Neck lymph node excision biopsy

DEPARTMENT OF PSYCHIATRY

Hospicio Hospital services:

- 1) Outpatient clinics on Mondays, Wednesdays, Thursdays and Saturdays.
- 2) Daily psychiatric emergencies.
- 3) Certification of patients under Mental Health Act brought by police to emergency.
- 4) Consultation Liaison services with other specialties.
- 5) Managing all cases of Adult Psychiatry, Child & Adolescent Psychiatry and Addiction Disorders.
- 6) Counseling services for general psychiatric cases children and adolescents and addiction disorders at OPD and ward based counseling.

- 7) Certification of mental retardation and psychiatric disabilities under State and Central Schemes.
- 8) Tobacco Cessation Clinic (daily except Tuesday & Friday)

1. District Mental Health Programme–

A) **Out reach clinics** on Tuesdays and Fridays.

Health Centers covered;

I)PHCs – Balli, Cansaulim,Loutolim, Sanguem, Shiroda.

II) CHCs – Canacona, Curchorem, Ponda.

B) **Counseling Services** are provided. IEC Programmes are conducted for general public at PHC & CHC.

C) National Tobacco Control Programme – Tobacco Cessation Centre at Hospicio Hospital. Counseling services and medical management provided.

D) **IEC programmes** for schools, NGOs, general public.

3. A 14 bedded Alcohol and Drug De-addiction Center at Monte Hill Margao.

Detoxification and supportive therapy, Counseling and Occupational therapy.

OPHTHALMIC DEPARTMENT

1. DIAGNOSTIC

- a. Vision checking & (Computerized refraction-presently not working)
- b. I.O.P. checking
- c. Keratometry
- d. A-Scan
- e. Slit lamp examination
- f. Glaucoma detection and treatment

I) SURGICAL

- a. Extra capsular cataract surgery (ECCE)
- b. Small incision cataract surgery (SICS) with PCIOL
- c. Phacoemulsification with foldable IOL

- d. Dacrocystomy (DCT)
- e. Combined surgeries
- f. Oculoplasty – Ptosis surgery-ectropion/Entropion
- g. Minor procedures-Chalazion-incision & curettage
- Pterygium – excision
- Foreign body removal

ORTHOPAEDIC DEPARTMENT

Hip Surgery:

Femoral neck nailing with or without plating replacement prosthesis/upper femoral osteotomy, open reduction of hip dislocation.

Fractures:

1. Open reduction into fixation or femur, tibia, both bone, forearm humerusintercondylar fracture of humerus& femur & open reduction &int fixation bimalleolar fracture & fracture dislocation of ankle/montaggia fracture dialocation.
2. Medical concycle of humerous fracture lateral condyle of humerousolecranen fracture & fracture of calcaneum talus single forearm, bone fracture.
3. Interlocking nailing of long bones
4. Debridement & secondary closure
5. Percutaneous fixation (small & long bones)

Closed Reduction:

1. Hand, foot, Bone
2. Forearm or Arm, Leg, Thigh, Wrist, Ankle
3. Dislocation elbow, shoulder, hip, knee
4. Closed fixation of hand/foot bone

Open Reduction:

1. Acromiocalvicular
2. Ankle Bimalleolar open reduction
3. Wrist dislocation on intercarpal joints

4. MP & IP joints
5. Fasciotomy leg/forearm
6. High Tibial Osteotomy
7. Excision Exostosis long bones, single/two
8. Surgery tumours of small bone hand & foot
9. Debridement primary closure of compounds fractures of tibia, femur forearm with fixation
10. Debridement of hand & foot
11. Debridement primary closure of compound fracture of tibia, femur forearm with fixation
12. Tendon surgery soft tissue release in club foot
13. Internal fixation of small bone (single,two,more than two)
14. Tendon surgery (repairs & Lengthening)
15. Surgery of chronic Osteolitis (Saucerization, Sequestrectomy of femur,humerus, tibia)
16. Amputation (thigh or arm, leg or forearm, feet or hand, digit)
17. Disarticulation of hip or shoulder (disarticulation of Knee elbow/wrist/ankle)
18. POP application (Hip spica, shoulder spica, POP jacket)
19. Corrective Osteotomy of long bones
20. Excision arthroplasty of elbow & other major joints, excision arthroplasty of small joints.
21. Operation of hallus valgus
22. Removal K nails AO plates
23. Removal of forearm nail, screw, Wires
24. Skeletal traction femur, tibia, calcaneus elbow
25. Bone grafting (small grafting, & long bone)
26. Ingrowing toe nail
27. Soft tissue Biopsy
28. Skin graft (small,medium, & large)
29. Patellectomy
30. Olacranon fixation
31. Open ligament repairs of elbow, ankle & wrist
32. Arthrotomy of hip/shoulder/knee/elbow
33. Carpal tunnel release
34. Dupuytren's contracture
35. Synovectomy of major joints shoulder/knee/elbow
36. Closed nailing of long bones
37. Hand Surgery- Simple injuries to finger
Multiple finger injuries

- Crush injury hand
38. Suturing of small & large wounds excision biopsy of soft tissue
 39. Hip & Knee Arthroplasty & replacement

RADIOLOGY DEPARTMENT

1. Conventional Radiology

- I) Plain X-Ray (24 hours)
- II) Specialized Radiological investigation
 - a) Barium Studies-Swallow, Meal, Follow through, enema
 - b) Urological- Intravenous urography, MCU, Cystogram, Retrograde, Urethrography
 - c) Gynaec- Hysterosalpingography

2. Ultra Sonography:

- i) Abdominal obstetrics, small parts hip sonography, Sonomammography, thyroid.
- ii) Doppler Studies : New Doppler machine installed.

3. **CT scan of whole body.** : 16 Slice CT Scan Machine commissioned since Sept 2017.

4. Mammography

PATHOLOGICAL DEPARTMENT

Laboratory and Blood Bank is open for 24 hours. Following investigations are done :

A) LABORATORY :

I) **Hematology:** HB, TCDC, ESR Complete haemogram, Platelet count, Retic Count, PBS Blood grouping, BT, CT, SMP, ICT.

II) **Biochemist:** Blood Sugar, Urea, Creatinine, Uric Acid, S. Amylase, Cholesterol Bilirubin(T&D), SGOT, SGPT Alk Phosphatase, Total Protein, Albumin A/G/Ratio, Triglycerides and blood Alcohol Estimation of Medico Legal case

III) **Clinical Pathology:** Routine Urine Analysis, Stool Analysis, Semen Analysis, Pregnancy test, CSF examination, Body Fluid examination

IV) **Serology:**WidalTest, RA Factor, ASO, CRP, HBsAG, Leptospirosis, Dengue &Chikunguniya, HAV, HEV.

V) **FNAC & Pap Smears examination**

VI) **Microbiology:** Virology/RT-PCR Testing/Culture & Sensitivity Testing

B) BLOOD BANK :AVAILABLE AT OLD HOSPICIO

Blood Grouping & Cross Matching, Collection & issue of whole Blood, COOMBS Test direct & indirect, ELISA Testing for HIV, HBsAG, HCV of Blood Donors and VDRL/SMP of Blood Donors, Blood Group for Medico legal cases.

OTHER FACILITIES :

FIARTC(Facility Integrated Anti-Retroviral Therapy Centre)

Facilities available at Facility Integrated Anti-Retroviral Therapy Centre, established in April 2016.

1. Registration of new HIV Positive Cases from south Goa.
2. Counseling and screening of all new HIV Positive Cases.
3. Starting of Anti-Retroviral Therapy (ART) to eligible cases.
4. Regular monthly counseling checkup, treating opportunistic infection, dispensing of ART Medicine to all HIV Positive cases registered on ART.
5. Managing Referrals, Transferred in Transferred out cases from Goa as well as outside Goa.
6. Screening HIV TB Co-infected cases, and registering, dispensing TB drugs under 99 Dots RNTCP.
7. IEC Activity and Linkages with NGOs.

AYURVEDIC (OPD)

Facilities Available at Ayurvedic OPD:

- 1) Examination & Diagnosis by Ayurvedic Principles.
- 2) Prakurtti Analysis.
- 3) NadiPariksha.

II) Following diseases are treated medically:

- Hyperacidity
- Indigestion
- Diabetes Mellitus.
- Hypertension.
- Obesity.
- Alopecia.
- Skin Diseases.
- Male & Female Infertility.
- Menstrual Disorders.
- Arthritis.
- Spondyloarthopathis
- Jaundice.
- Hepatitis, Cirrhosis.
- Choleithiosis.
- Renal Calculi.
- Chronic Renal Disease.
- Carpel tunnel syndrome.
- Piles, Fissun, Fistula, Pilonidal sime.
- Sleep Disturbances, Dementia.

III) The medicines for above mentioned diseases.

IV) Counseling, Diet & Yoga advice.

HOMEOPATHIC(OPD)

Facilities available at Homoeopathic OPD :

- 1) Examination of patient
- 2) Counseling
- 3) Diet and regimen

II) Following diseases are treated:-

- Arthritis.
- Dermatitis & other Skin Problems.
- Diabetes Mellitus.
- DUB & other menstrual problem.
- Irritable bowel disorder.

- Hypertension.
- Varicose vein.
- LRTI
- Psychosomatic
- URTI
- Spondylitis
- UTI
- Reproductive tract diseases.
- Renal Calculi.
- Parasitic infestation.
- Haemorrhoids& Fissures.
- Thyroid Disorder
- Migraine
- Dandruff & other hair problem.
- Hepatitis & other liver disorders.
- Anaemia.
- Dental problem.
- Gallstones
- Foot & Mouth Disorder.
- Chikungunia.
- Epilepsy.
- Fracture & Injuries.
- Chickenpox
- Mumps
- Renal Disorder.
- Typhoid.
- Ophthalmic Disorder.

STD CLINIC

Facilities available:

- Consultation of STD patients.
- Counseling of STD patients.
- Testing/Reporting for RPR/HIV.
- Syndromic approach treatment of STD patients.
- Camps are conducted for STD patients and RPR testing is done in slum areas.

ICTC Lab

Facilities available :

- Collection/Testing/Reporting of HIV/RPR tests.

- Collection of blood for CD₄Tests on every Wednesday and sent to GMC.

SKIN OPD

Facilities available :

- Consultation for all skin diseases/VD.
- Chemical peels for acne and melasma.
- Incision and drainage for Acute Paronychia.
- Excision of Sebaceous Cysts.
- Excision of Viral warts.
- Comedone extraction for Acne vulgaris.
- Autologous serum therapy for chronic urticaria patients.
- Chemical cautery of viral warts, nevus, moles with 100% TCA.

Life Style OPD:

1. Ancillary therapy like physiotherapy. Dietary advice, Yoga and Acupuncture

Life Style OPD:

ONE STOP CENTRE OPD-27:

Counseling of patients subjected to violence: Physical, emotional & Sexual.

- 1) Counseling of ADS and carers of alcoholics
- 2) Documentation and format filling
- 3) Liason with NGOs and police
- 4) The patient /client is referred by the doctors from OPD/ward.
- 5) Rapport Building
- 6) History is taken
- 7) Client input from is filled.
- 8) If required the patient is referred to other OPDs'
- 9) Patient is given a date for next follow-up.

Pain & Palliative Care OPD:

1. Pain management
2. Palliative care Services for Patients with cancers, chronic diseases.

3. Ancillary therapy like physiotherapy, Dietary advice, yoga and Acupuncture.
4. Home Visits
5. Behaviour Counselling